



A guide to applying eye drops



Administering eye drops to your pet can be a delicate task, but with a calm approach and the right technique, it can be done safely and comfortably. Follow this step-by-step guide to help make the process smooth for both you and your pet.

What You'll Need

- The prescribed eye drops from your veterinarian
- Clean tissues or a soft cloth
- Treats for positive reinforcement

Step-by-Step Instructions

1. Prepare Your Supplies

- Wash your hands thoroughly.
- Keep the eye drops within easy reach.
- Choose a quiet, calm space to reduce stress.

2. Secure Your Pet

- Ask someone to assist if possible.
- Approach your dog gently and calmly.
- If needed, gently wrap your pet in a towel to limit movement, or use a muzzle for safety.

3. Position and Prepare

- Sit or kneel beside your dog. For smaller pets, place them on a stable, non-slip surface.
- Support the head by gently lifting the chin so the nose points upward.
- Clean away any discharge using cooled, boiled water and pat dry with a tissue.

4. Expose the Eye

- Use one hand to gently hold the upper eyelid open. Avoid forcing the eyelids

open abruptly.

- With the other hand, pull down the lower eyelid to expose the surface of the eye, and create a small pocket for the drops.

5. Administer the Drops

- Hold the bottle in your dominant hand.
- Without touching the eye, squeeze the prescribed number of drops (usually 1-2) on to the eye.
- Allow your pet to blink naturally to help spread the medication.

6. Aftercare

- Gently wipe away any excess fluid from the fur around the eye.
- Offer praise and a treat to reinforce a positive experience.
- Keep your tone calm and reassuring throughout.

7. Repeat as Directed

- Follow your veterinarian's instructions for dosage and frequency.

8. What about Ointments?

- The same routine works for ointments as well as drops.

Tips for Success

- Stay calm and patient — your pet will respond to your energy.
- Don't worry if it takes a few tries; practice helps.
- If your pet becomes distressed, pause and try again later.

When to Contact Your Vet

- If you're unsure about the technique or dosage, or are struggling to administer medications — our team are happy to help.
- If your pet flinches or reacts strongly, especially with refrigerated drops — this is often normal due to the unexpected sensation. However if you feel the drops are irritating the eye please stop application immediately and contact our team.

